

Release for Medical Treatment & Waiver of Liability

Application WILL NOT be complete until this signed form is returned. I certify that my child is in good physical condition and can partake in the daily schedule of events. I grant permission for the directors of *Bolles Fitness Camp* to act for me according to their best judgment in any emergency requiring medical attention, including treatment at a local hospital.

The undersigned hereby acknowledges that participation in the camp and related activities involves an inherent risk of physical injury, and the undersigned, on behalf of the registrant, hereby releases and forever discharges the camp and all employees and agents thereof from any and all known and unknown, foreseen and unforeseen bodily and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises.

I also grant The Bolles School permission to use my child's photograph in any promotional literature or on the School web site.

Signature of Parent or Guardian

Date

Hospital Preference

Join Us!
Fitness Camp
2009

7400 San Jose Boulevard
Jacksonville, FL 32217



Bolles Fitness Camp 2009

June 29 - July 3
Monday - Friday
10 a.m. – 4 p.m.

A Day Camp
for students entering
Grades 5 through 12



Fitness Camp for Kids



Hiking, mountain biking, running, weight lifting, water sports, Tae Bo, nutrition education, and professional evaluations of body composition, cardio, and endurance.

IT'S TIME TO GET BACK
TO THE BASICS!



With a focus on fun, the activities will concentrate on cardio, strength, flexibility, endurance, and learning about cool foods and snacks that are actually good for you! We will lift weights in the Bartram Campus weight room, go mountain biking and hiking in the area around the middle school campus, run, play softball, football, and other outdoor games, and much, much more.



Camp Director:

Angela Blackledge,
Director of Dance, The Bolles School,
since 1993, and
Certified Personal Fitness Trainer

Counselors include dancers and athletes
from The Bolles School.

Camp Fee:

\$290

Includes Lunch, Snacks,
& Special Water Bottle

Please note:

On June 29 from 10-10:15 a.m.
there will be a mandatory parent
meeting in the Parker Auditorium of
the Betsy Lovett Arts Center.

Daily drop-off and pick-up are in front of
the Lovett Center. Please be prompt.

FOR ADDITIONAL INFORMATION, CONTACT
ANGELA BLACKLEDGE AT 613-5551

OR

BLACKLEDGEA@BOLLES.ORG

Fitness Camp 2009 Registration Form

Camper's Name

Grade in 2008-09

Session Attending

Parent's Name

Address

City, State, ZIP

Home Phone

Work Phone

Emergency Contact Name/Relationship

Emergency Contact Phone

Please make check payable to:
Bolles Fitness Camp
and return to:
7400 San Jose Boulevard
Jacksonville, Florida 32217

**WE CANNOT ACCEPT DEBIT OR CREDIT
CARDS.**

